

This is to certify that

Akiko Kobayashi

**has attended, in its entirety,
the following activity sponsored by the Center for Mindful Self-Compassion**

**MSC Teacher Training Practicum
January 21 – March 25, 2021**

Akiko Kobayashi is now authorized to teach the 8-week Mindful Self-Compassion program.



Steve Hickman, CMSC Executive Director

With Practicum Teacher Trainers:
Tina Gibson and Anna Friis



**Center for
Mindful Self-Compassion**